



Warm welcome to TO Strand Team Building Hub.

The following quotation information should be completed as fully as possible and returned to us at either our fax: 086 671 6586 or email: groups@tostrand.net

The programme can be tailored to suit your individual requirements as to what activities you would like to take part in. Should you have any suggestions/activities that we do not have listed feel free to contact us and we will go out of our way to assist where we can.

Quotation information

Name of group:	
Address of group:	
Contact person and number:	
Arrival date:	Arrival time:
Half day : <input type="checkbox"/> Full day: <input type="checkbox"/>	
Total men:	Total women:

- 3 activities for half day – R90 p.p.
- 4 – 5 activities for full day – R150 p.p.

Indicate your chosen activities (X)

Kayak challenge	Archery	Raft building	Obstacle course
Bridge building challenge	Problem solving	“Boeresport” on the beach	Beach Olympiads
Tubing	Climbing wall	Fuffi-slide	Snorkeling
Compass and mapping, Amazing race, Treasure Hunt	Master Bingo, Dart competition, Pool challenge	Beach volleyball Beach soccer Beach netball	Group dynamics
Boxcar challenge	Indoor activities	*Paintball	Extreme assault course

* Please mark if you require lifesavers.
At an additional cost.